



# SPU Manila INTER-OFFICE BULLETIN

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## A TIMELY INTERVENTION...

### Suicide Inc. Theater Play and Interactive Forum

April 7, 2017

9:00 A.M. – 12:30 P.M.

Fleur-de-lis Theater

#### Overview

Suicide is a health concern, which is the second leading cause of death globally among youths and adults 15 to 29 years of age (WHO, 2014). In line with the University's advocacies on pro-life and social participation, a theater play entitled *Suicide Inc.* and interactive forum was organized in partnership with Twin Bill Theater, World Health Organization, and Department of Health. It was attended by SPU Manila students and employees, and educators from different SMEC and CEAP schools. The activity was conceptualized to deliver a strong message for valuing and saving lives in a more creative and artistic manner. This endeavor intended to increase awareness of mental health issues in young people and provide access to appropriate services.



**Sr. Alegria Avellaneda, SPC (VP for Administrative Services), Dr. Marichen Dychangco (VP for Academic Services), and Mae Arañas (VP for Student Services) with Dr. Gundo Weiler (Country Representative of WHO), Dr. Paulyn Jean Rosell-Ubial (Secretary of Health, DOH), the Twin Bill Theater Directors, Francis Matheu and Steven Conde, and the cast.**

**Interactive forum on suicide and depression with Dr. Dinah Nadera and Dr. Ron Elepaño, Psychiatrists.**





**Dr. Gundo Weiler and Dr. Paulyn Jean Rosell-Ubial with SPU Manila students who participated in the event.  
(Photo credit to Erickson dela Cruz)**

**The cast of Suicide Inc. Theater Play with the Director, Francis Matheu.**



### **Gift of Being a Paulinian Scholar and Tribute to Graduating Scholars of SY 2016-2017**

The SPU Manila scholars' final activity for school year 2016-2017 entitled "Gift of Being a Paulinian Scholar" was held on 27 March 2017 in the Guidance Testing Room from 8:00 A.M. to 12:00 NN. The activity was a sharing of work experiences of former scholar and currently the Student Affairs Office Assistant, Ms. Marjimaie Lorenzo. She shared her struggles as a student assistant assigned in the Office of the University President and how her experience and office training were helpful to her present job. She was able to give inspiration to the scholars emphasizing mainly on the value of focusing on one's goal, prioritizing, and being committed, while at the same time practicing the Paulinian core values (5 C's). The sharing of experiences was a good source of encouragement and motivation especially for those who are struggling with personal and academic issues. Participants were observed to be listening intently. They expressed that they were able to relate to the guest-sharer's experience and found the activity enlightening.

The second part of the program was a tribute by the scholars for their fellow scholars who are graduating in May and December 2017. The officers surprised the graduating scholars with an audio-visual presentation expressing their appreciation of the seniors' presence and gift of friendship. St. Paul University caps were given to the graduating scholars as tokens. The tribute was an occasion for the undergrads to verbally and non-verbally express their gratefulness to the senior students for being their "Ates" and "Kuyas" in the University, ever willing to give them support and guidance in their college life.

## Gift of Being a Paulinian Scholar



**Ms. Lorenzo  
with Ms. Evangelista  
and the Scholarships  
and Grants Officers**



**Ms. Grajera  
and Ms. Ondoy  
sharing their  
experiences  
as student leaders**



**The scholars listening attentively  
to the guest-sharer**

**The scholars  
in their wacky pose**



## Tribute to Graduating Scholars

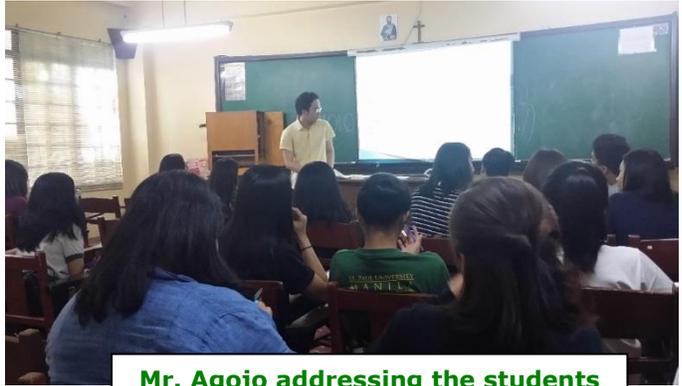


**BEYOND REVIEWING:**  
**Orientation for Licensure Examinees S.Y. 2016-2017**  
**31 March 2017     3:00 to 5:00 P.M.**

The activity, Beyond Reviewing, aimed to prepare the participants for their board exams. It was attended by 51 graduating students from the BSA, BSP, and Educ. programs. The activity was facilitated simultaneously in two groups by Mr. AJ Agojo and Ms. Cecile Gutierrez. A fun activity was presented to help the participants visualize their future as professionals. This session also aimed to guide the students on the application process. In addition, it taught them the importance of early planning and the benefits of relaxation techniques in maintaining focus before the exam. The activity received an overall evaluation of excellent by the participants.



**Ms. Gutierrez explaining the objectives of the growth session**



**Mr. Agojo addressing the students during a discussion on test preparation**



**Students sharing their work about their dream profession and why they have chosen this career path**



**Mr. Agojo presenting the topics on mental and emotional readiness**



**Students being creative during the activity**



## CONGRATULATIONS...



To the Paulinian Dance Troupe! CHAMPIONS of the first ever Metro Manila Athletic Conference Street Dance Battle! We are proud of you!



To Ms. Patricia Anne Pauli for bagging the 4th Runner-up spot in the Agora Youth Award Marketing Student of the Year—2016-2017, given by the Philippine Marketing Association.

The BME family is so proud of you!



**Patricia Anne Pauli**

## SPMAFI MEETING WITH 2018 JUBILARIANS

The 2018 jubilarians, led by the Golden Jubilarians—HS 1968, BSC and AB 1968, and BSN 1968—met with the Board of Trustees of the St. Paul Manila Alumni Association (SPMAFI) on 4 April 2017 in Meeting Room 1. Other jubilarian batches were also represented at the meeting. Dr. Wynna Medina, Chair of the HS Golden Jubilarian Core Committee, presented their initial plans.



**Happily preparing for the 2018 homecoming!**