LOOKING BACK...

Special Report: GUIDANCE WEEK CELEBRATION 2015

During the Guidance Week Celebration, the unit sponsored helpful and informative activities for the students, faculty, and staff of SPU Manila.

**Career Education Seminar c/o Jobs180.com**
21 September 2015 9:00-11:00 A.M.
Attendees: 164 (4th Year Students)
Venue: Levesville Hall
Speakers: Mr. Kim Chua and Ms. Lokesh Bala

The seminar aimed to develop career awareness and employment readiness among the graduating students by assisting them in the creation of an online resume and updating them on the latest trends in job hunting. It hoped to support the employability of Paulinian graduating students by addressing their pressing needs, such as communication skills, critical thinking, self-confidence, work ethics, and real world experience.

Mr. Chua

... and Ms. Bala
Session on Study Habits and Time Management  
22 September 2015 2:30-4:00 P.M.  
Attendees: 12 Senior HS Students  
Venue: Guidance Testing Room  
Speaker: Ms. Kaye Evangelista, RGC  

The session aimed to teach good coping mechanisms to the students for their ultimate adjustment in school by acquiring effective time management and study habits, which will optimize their school experience.

Parenting in Faith  
24 September 2015 9:00-11:00 A.M.  
Participants Attended: 8 Students  
Venue: Guidance Testing Room  
Speaker: Dr. Joy Alvi Arañas RGC, RP and Ms. Elmgay Valeriano  

The talks hoped to impart to the married students the representation of Christ in the sacrament of marriage and utilize bible scriptures for reflection to strengthen and inculcate these values to students. The session also aimed to create better understanding of the challenges of married students in college and assist them in making effective choices in balancing their roles as spouses and students.

Dr. Aranas and Ms. Valeriano
**Reflection on a Film about Time Management**

5 October 2015 1:00–4:00 P.M.
Attendees: 21 SPU Manila scholars
Venue: Guidance Testing Room
Facilitators: Guidance Counselors

Through a film viewing, the activity hoped to teach the SPU Manila scholars techniques in managing time effectively. It aimed to improve their skills so as to be more productive both in academics and in their respective office assignments.

**Seminar for Counselors—“Career Guidance in the Changing Educational Landscape”**

25 November 2015 8:00 A.M. – 4:00 P.M.
Attendees: 51 Counselors from the different partner and SPC schools.
Venue: HRMTC Function Hall
Speaker: Dr. Aime Guarino, RGC, RP
Director of Guidance Services-DLSU Manila

In line with the implementation of the K-12 Program, the seminar aspired to create awareness of some of the issues that may be encountered specifically by senior high school counselors, such as establishing and strengthening linkages with companies for the employment of SHS graduates. More so, it aimed to teach new skills that the counselors will need in handling and assisting SHS students throughout their academic life.
From the Alumni Relations Office

EASTER FAMILY PHOTOS

Tobias sisters

Tobias sisters

Tess Cuevas-Mallari (HS 1969)

Tess Cuevas-Mallari (HS 1969)

Teresing Reyes-Hocson (HS 1963)

Teresing Reyes-Hocson (HS 1963)

Teresita Pugeda-Filipiniana (AB 1976)

Teresita Pugeda-Filipiniana (AB 1976)

Liberty Chavez-Smith (AB 1984)

Liberty Chavez-Smith (AB 1984)
Kate Howell-Gordon (HS 1963)

Grace Ocampo-Clark
BS Psych 1980

Carmencita Guanzon-Arambulo
(BM 1958)

Chiqui-Escareal-Go

Sylvia Mesina (HS 1964)
ALUMNAE GATHERINGS

High School 1973
Joint birthday treat of Marivic Guingona and Grace Nava and bienvenida for Anna Ocson
The Wholesome Table, Estancia

High School 1965
Lunch for Agnes Torres-Conde and Lylwynn Tusalem-Gonzalez
Recipes-Greenbelt
L-R: Agnes, Mita Mayo, Millie Braganza, Beth Concepcion, and Lylwynn

High School 1961
Lunch Reunion
Conti’s Makati
22 March 2016
L-R: Chuck Dorn, Ning Florentino, Dennis Dominguez, Ellen Cabrera-Dominguez, Estela Igpuara-Dorn and Blanquita Gabriel-Florentino

High School 1959
Lunch Get-Together
L-R: Eileen Batacan, Teresita Cuevas-Mallari, Nieva Quezon-Burdick, Emily Palanca-Pimentel and Loowee Andal

CONDOLENCES

The Paulinian Family concedes with
Dolly Tesoro-Arit (High School 1975) on the demise of her husband
and the Tesoro sisters on the death of their brother, Tito.