



SPU Manila INTER-OFFICE BULLETIN

Vol. XI No. 5

3 July 2017

LOOKING BACK...

Senior High School New Students and Parents Orientation

27 May 2017

Fleur-de-lis Theatre

The Student Services, in coordination with the Academic Services, organized an orientation for the new students and their parents. This activity aimed not only to welcome them to the community but also to familiarize them with the university's vision-mission, educational objectives, services, rules, and policies in the light of Gospel values. The orientation also served as an avenue to present the important elements of the school's educational programs and services. It was attended by 1,019 students and parents/guardians. From this population, 571 family units came from 651 newly enrolled Grade 11 students. The orientation received a rating of 3.28 or satisfactory from 385 or 67% the attendees.



**Mr. Francis Calilian
and Ms. Sheila Habab, SHS faculty,
were the emcees for the activity.**



**Sr. Evangeline Anastacio, SPC,
SPU Manila President,
welcomed the students and parents.**



Sr. Jesusa Taccad, SPC gave a presentation on the Importance of Paulinian Catholic Education.

Ms. Ma. Isabel Abear presented the SHS Faculty and discussed Student Conduct and Behavior.



Dr. Bernard Regalado gave an overview about the dangers of illegal drugs and their correlation to high risk behavior.

Students and parents listened attentively.



Parents and students were given a tour of the campus, including the museum and archives.

ST. PAUL ALUMNAE USA LAUNCHES PAULINIAN HOLIDAY COOKBOOK PROJECT

Marilyn Abalos, Chair of St. Paul Alumnae USA, announced the launching of the Paulinian Holiday Cookbook Project in the following letter:

Dear Paulinians.

St. Paul Alumnae USA would like to invite you, Paulinians, to submit your favorite recipe to our Paulinian Holiday Cookbook, featuring special dishes served during the Christmas, New Year, and Easter seasons.

Together with Paulinian, Millie Reyes (SPCM HS 69), of The Aristocrat and The Plaza fame, we will compile and edit festive holiday tables celebrating the holidays!

"Filipinos love to celebrate and get together for any occasion to eat," Millie said. "The one most important family celebration is Christmas, when families gather for dinner before midnight Mass and favorite family dishes are served for Noche Buena."

Please join us and share your favorite and beloved dishes in our Paulinian Holiday Cookbook. Whether your preferred dish is prepared by you, your mother, or your home cook, what would you serve? Your holiday menu brings memories of home and Filipino flavors as you celebrate. Holidays include:

Noche Buena and Christmas Day
New Year's Eve and New Year's Day
Easter Season, including Fridays of Lent
Mothers' Day and Fathers' Day
Baptisms and Weddings
Thanksgiving (US) and Fourth of July (US)

In the words of alumna, Maripaz Calero, "It's not just the food—it's the memories!"

Please let us know if you wish to participate. Deadline for recipe submission is July 2017. Let us know and we'll help you write and format your recipe.

Looking forward to be hearing from you soon! Many thanks!

Marilyn and Millie
St. Paul Alumnae USA

Embotido, a Filipino favorite holiday dish



RECENT ACTIVITIES...

Culminating activity of the young SPC Sisters enrolled in the MA-Religious Education Program



SHS Earthquake Drill



The Senior High School students participated in the nation-wide earthquake drill on 29 June 2017. The students practiced the "duck, cover, and hold" procedure for earthquakes.

SPC Sisters' Dinner for Denver Visitors

The SPC Malate Community tendered a dinner for Mila Glodava and Mary Ann Otto, visitors from Denver. Ms. Glodava is an alumna who was the consultant for the HOPE Ablaze Program when it was launched. She is also one of the biggest single donors for the Senior High School Program of HOPE Ablaze.



Mila and Mary Ann