



# SPU Manila INTER-OFFICE BULLETIN

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## RECENT ACTIVITIES IN PHOTOS...



**Congratulations to Alphabet Doll (Business Plan output) and V chos (Marketing Plan output)—finalists in the 5th Noel Bazaar Young Entrepreneur Program Award 2018.**



**Birthday of Sr. Teresita Punay  
4 October 2018**



**World Teachers Day  
5 October 2018**

## FROM THE MARKETING OFFICE



## Second semester applications



## An invitation to a virtual reality experience

Experience the world through virtual reality!  
Open to all members of the Paulinian community!  
Register at the Marketing Office now!

## AND THE SAGA CONTINUES...

From time to time, we feature children of Paulinians who have distinguished themselves in their chosen professions. Their mothers were themselves outstanding alumnae, and the children following their footsteps further illustrates that the apples do not fall far from the trees.

Lourdes Reyes-Besa was an outstanding pre-war Paulinian, who was twice recipient of the U.S. Medal of Freedom for saving the lives of American POWs in prison camps. She has also been recognized for this and other achievements by St. Paul College of Manila.



The daughter of Lourdes Reyes-Besa, Elizabeth Ann Besa-Quirino, is a multi-awarded winner of the Plaridel Writing Awards for best in journalism, given by the Philippine-American Press Club in San Francisco, California. Her food essay "A Hundred Mangoes in a Bottle" has won a Doreen Gamboa Fernandez Food Writing Award. She was an awardee of the FWN Filipina Women's Network 100 Most Influential Women of the World in 2013.



Betty Ann, as she is fondly called is a journalist, author, food writer, correspondent and blogs about Filipino home cooking recipes on her popular site Asian in America ([www.AsianInAmericaMag.com](http://www.AsianInAmericaMag.com)).

Her third cookbook, *Instant Filipino Recipes: My Mother's Traditional Philippine Food in a Multicooker Pot*, will launch this October. This is a follow up to the success of *My Mother's Philippine Recipes*, a collection of her late mother's favorite Filipino traditional dishes which Betty Ann transformed to everyday cooking in her American kitchen. Other books she has written are *How to Cook Philippine Desserts, Cakes and Snacks*; *Statesman and Survivor Elpidio Quirino, 6th President of the Philippines*; and she illustrated *Color and Cook Food Coloring Book*, an adult coloring book of Filipino food. All books are sold on Amazon.com.

Her writing has been published on *Positively Filipino*, where she is a correspondent; *FOOD Magazine* by ABS-CBN Publishing Inc.; *Rustan's Sans Rival Magalogue*; and *QuirkDIY*, Quirk Books Community Blog (Philadelphia, PA). She has made a guest appearance on the TV network KACL-LA 18's Halo-Halo with Kat Iniba, which aired in California and Hawaii.

Betty Ann is a member of the International Association of Culinary Professionals (NYC) and the Association of Culinary Historians of the Philippines. She is also on the President Elpidio Quirino Foundation Board of Advisors.

Based in New Jersey, USA, Betty Ann travels often to the Philippines and throughout Asia in search of traditional recipes and stories about culture and personalities.

### **CLASSMATES REMEMBER...**

Shared by Sr. Lilia Tolentino, SPC

Some classmates and I (High School 1960) came together yesterday for Mass at the Santuario de San Antonio Church in Forbes Park to pray for our classmate, Ma. Paz (Pachy) Tagle-Payawal who died in Milpitas, CA on 28 September 2018.



**Seated L-R: Chari Ia'O-Bagatsing, Sr. Lilia Tolentino, Corazon Sison-Doloroso, and Norma Amponin. Standing L-R: Poch Robles (cousin of Pachy), Dr. Alfonso Doloroso, Olivia Villanueva, Reulita Aranda-Guinto, Nienie Barreto-Buenafior, Rosario Carballo-Singian, and Mrs. Poch Robles**



## ALUMNAE GATHERINGS

**High School 1965  
Thank you lunch for Sol and Mildred  
Choi Garden  
1 October 2018**

**Seated: MOM, Carolle Agbulos,  
Malou Tuason, Maritess Tuason,  
Lahla Laforteza, Sherry Alingod.  
Standing: Eca Gonzalez,  
Beth Concepcion, Mildred Magboo,  
Millie Braganza, Delia Alladin,  
Mita Almeda**



**High School 1965  
Mini-Reunion in Edmonton  
Espie Alvez, Iris Yumol,  
and Gene Usison**

**High School 1966  
Third Quarter Birthday Celebration  
Tankiang Residence  
29 September 2018  
Seated: Riqui Hizon, MOM, Sr. Nieves,  
Mayda Tankiang, Mina Dilag.  
Standing: Chari Magsino, Celeste Gallardo,  
Gloria Grau, Batuchi Salcedo,  
Carol Brinas, Maritess Aguirre,  
Agnes Devanadera,  
Clarissa Bautista, Carmel Dael,  
Bubut de los Santos**



**High School 1962  
Reunion in New York  
Nitz Perlstein, Susan Grau, Brenda Sison,  
Coying, Marietta Lozada, Mito Sjolander,  
and Grace Torres**