



# SPU Manila INTER-OFFICE BULLETIN

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## BUWAN NG WIKA 2014

Contributed by Dr. Juanito N. Infante, Jr.

On 29 August 2014, St. Paul University Manila celebrated "Buwan ng Wika 2014" through the Teacher Education Program, in cooperation with the College of Arts, Sciences, and Education. The celebration took place in the Fleur-de-lis Theater, where students showcased their talents, wits, and glamour in different presentations.

The program started with the welcome address of Ms. Lournna Tagay, OIC-Dean of the College of Arts, Sciences, and Education, followed by the "Sabayang Pagbigkas" contest, where the College of Business and Entrepreneurship and the College of Arts Sciences and Education were pitted against each other and which was eventually won by the ASE program.

The event was followed by the Search for "Lakan and Lakambini ng Taon 2014," where Ms. Chenel Anne Caraan of the Accountancy Program won as "Lakambini ng Taon 2014," besting other equally lovely candidates coming from the different programs, while Lorenz Albert Sioson of the Mass Communication Program won as "Lakan ng Taon 2014," winning against eight handsome candidates representing the other programs of the University.

Aside from the major titles given during the pageant, special awards were also given, such as "Lakambini sa Katutubong Kasuotan" at "Lakambini ng Pormal na Kasuotan o Terno," won by Ms. Ihna Valondo of the Psychology Program. Ms. Chenel Anne Caraan of the Accountancy Program also won as "Lakambini sa Kasuotang Pampaaralan." Mr. Lorenz Albert Sioson of the Mass Communication Program won as "Lakan sa Barong Tagalog," while Paulo Cruz of the Teacher Education Program won as "Lakan sa Katutubong Kasuotan" and Mr. Mari Antonio Calimbahin of Bachelor of Management and Entrepreneurship won as "Lakan sa Kasuotang Pampaaralan."

Ms. Roxanne De Castro, an alumna of St. Paul University Manila, Mr. Ramon Flores, a teacher from Pasay City West High School, and Ms. Joanne Osea-Popanes were tasked to choose the best among the students.

Students of the College of Music and the Performing Arts performed rondalla and ethnic music, while students from the Mass Communication Program sang an Original Pilipino Music selection.

The highlight of the event was the awarding of prizes by Dr. Rhoda Reyes, Vice President for Academics. The event ended with closing remarks given by Dr. Juanito N. Infante Jr., Chairperson of the Teacher Education Program



## EMPLOYEES' CATECHETICAL FORMATION ON THE HOLY EUCHARIST

Contributed by Judith V. Alderete

The Calendar of Activities for the Academic Year 2014-2015 indicates that all Mondays are set for the Employees' Catechetical Formation. Hence, on 4 August 2014, the employees gathered in the Levesville Hall for the Conference on the Holy Eucharist. The speaker, Carlos Evangelista, Jr., OP, MAL, won the participants over with his natural humor and wit. He used liturgical music as well as liturgical signs and symbols in his discussion, thus, the historical, theological, and pastoral implications of the Holy Eucharist were clear, simple, and easy to grasp. Indeed, it was fun way of learning the essentials of the Holy Eucharist. Below are some positive impressions of the participants:

\* "Very enlightening! Speaking as a lay person, I was able to learn a lot of things as regards signs and symbols in the liturgy." - *Gwen Abrico*

- \* "The entire session helped me to be more aware of the Holy Eucharist. It shed light and provided deeper understanding as regards the parts of the Mass and the appropriate songs to be sung during the celebration. This activity made CATECHISM more fun to learn." - *Michelle Mijares*
- \* "The conference on the Holy Eucharist provided me with new perspectives on how Masses are to be celebrated properly. The different parts and the songs also provided me with knowledge on appreciating the importance of songs during the Mass. I also realized that the choice and appropriateness of the songs should be considered during the Mass. Reviewing the basics brought me to the very essence of the Mass." - *Runvi Manguerra*
- \* "The recent catechetical session was fun and very enlightening. I was surprised to know how much I'm still learning about the Mass. The Mass is indeed rich in its own depth and content; that is why it is a challenge for us religious educators to teach it with much vigor and passion especially in the light of the new evangelization. The speaker was very effective because we did not only have so much fun, we also learned a lot. I cannot but love the Mass all the more." - *Alexa Nunez*
- \* "Cool! I have become aware of the different parts of the Mass. In fact, I now find meaning in the expressions or gestures that are taking place within the Mass." - *Renelyn Casera*

With all this learning and enlightenment gained from the said conference, the Christian Formation Office hopes that beginning today, there will be more participation among employees in the daily celebration of the Holy Mass inside the University campus, as well as on Sundays in their respective parish churches. It is worthwhile for the Office of the Christian Formation to design activities like catechetical sessions, in which the employees could learn, grow, and become a more Christ-centered community.



## HRM STUDENTS ON A ROLL

Two 4<sup>th</sup> year HRM students won in the HRM Quiz Bee Category of the GRAND CULINARY CHALLENGE held in St. Michael's College, Laguna on 29 August 2014.

JASSMINE ORTEGA won second place, besting 14 other participants from various universities. The Grand Culinary Challenge (GCC) is a foodservice trade culinary competition. It is the only ONE of its kind and differentiates itself from other competitions because of its strong emphasis on foodservice trade skills, specifically food costing, quantity cookery, and kitchen efficiency. The competition focuses on output-based learning by doing experience. The competition has received official endorsement from CHED.



The Quiz Bee covered General Food Knowledge, Culinary Theories and Practices, Kitchen Operations, Kitchen Skills and Techniques, Menu Costing, Housekeeping, Safety and Sanitation, and Current F & B Trends. Another participant, Jennalyn Ulatan, competed as a grand finalist in the quiz bee.



The Paulinian contestants were personally handled and coached by the HRM Chairperson, Ms. Amie Butial.

\* \* \* \* \*

Ms. Gianna Sunga, a 3<sup>rd</sup> year BS Hotel and Restaurant Management major in Culinary Arts student, won SECOND PLACE in the Fruit and Vegetable Carving Competition held on 16 August 2014 in celebration of "Linggo ng Wika."

Title of the Event:	MANILA SIGHTS, SOUNDS, AND FLAVORS
Title of Competition:	FRUIT and VEGETABLE CARVING
Organizer:	Strams Incorporated
Official Schedule of Event:	16 August 2014 (Saturday)
Venue:	Robinsons Place Manila
Participant:	Ms. Gianna Sunga
Coach:	Chef Ramoncito Jose San

The competition aimed to promote “Linggo ng Wika” through the sights, sounds, and flavors of Manila. The participants were asked to create fruit and vegetable carvings using any landmark of Manila. They were given one hour and a half to finish and present their creations to the judges. Gianna Sunga used the Luneta landmark for her creation.

This victory has earned Gianna an automatic qualification in another competition in September in the “QCna Kulinarya, Turismo Atbp.” Gianna Sunga is a competitive HRM student. She also won First Place in Pasta Cooking Competition in the Philippine Culinary Expo held in May 2014.



Another participant, Adel Joshua Valiente, competed as a finalist in the Bartending and Cocktail Mixing category.



## **SPMAFI HOLDS MEMORIAL MASS FOR TWO ALUMNAE**

On 2 September 2014, the **St. Paul Manila Alumni Foundation Inc. (SPMAFI)** held a Memorial Mass for two alumnae who passed away recently—Sr. Ignatius Tal Placido, SPC (BSE 1959) and Elena San Juan-Fernando (HS 1952). The Noon Mass, which was held in the Chapel of the Crucified Christ, was attended by relatives, classmates, friends of Sr. Ignatius and Elena, and other alumnae.

After the Mass, the alumnae had lunch in the Second Floor Ballroom of the HRM Training Center, followed by a meeting of the **SPMAFI** Board of Trustees with representatives of HS 1965, 1966, and 1969 and the Paulinian First Board. Sr. Evangeline L. Anastacio, SPC, University President, graced the occasion with her presence and met the alumnae.

**Paulinian First Board**  
**L-R: Emily Simon with PF Board:**  
**Pilar Almira, Susan Velez,**  
**Celia Sandejas, Dottie Lucasan,**  
**and Cristy Nazario**



**SPU Manila Presdent with HS 1969**  
**Seated L-R: MOM, Sr. Evangeline, Sherry Alingod**  
**Standing L-R: Paz Santiago, Emily Pimentel,**  
**Alice Cuartero, Tess Mallari,**  
**Loowee Andal, Marilyn Bautista**

**... and with HS 1965**  
**Seated L-R: MOM, Sr. Evangeline,**  
**Sherry Alingod. Standing L-R:**  
**Annie Salita, Lahla Laforteza,**  
**Marilen Ruiz, Carol Agbulos,**  
**Beth Concepcion, Cocoi Andal,**  
**Helen Dabao, and Dottie Lucasan**



## CONDOLENCES

The Paulinian community condoles with

Glenda Olegario (AB 1988) on the death of her brother, Bong.

the family of Imelda Besa Chung (HS 1972), who passed away on 30 August 2014 in New York City. She comes from a family of Paulinians: sisters--Leilani Besa-Loria MD, (HS 1965 and BSHE Foods and Nutrition 1969); Lulu Besa (HS 1965 and BSHE Fashion Design 1969); Luz Besa-Sison MD (HS 1973); Maria Victoria Besa (HS 1977); cousin, Elizabeth Ann Besa-Quirino (AB Communication Arts 1977).

