



SHARING... SHARING... SHARING...

From Guidance Services

COPING WITH LIFE'S CHALLENGES IN MIDDLE AND LATE ADOLESCENCE

September 3, 2019

1:30-4:30 P.M.

2nd Floor HRMTC Building

Contributed by Rosalle Dizon

It was a jam-packed afternoon as Grade 11 students gathered together to attend the Personal Development Seminar under the supervision of their subject teacher, Ms. Cheenee Villanueva, in collaboration with the Guidance Services. Two resource speakers who are both experts in their respective fields were invited.



Dr. Joy-Alvi Arañas, a Psychologist of the Pathways Counseling and Assessment Center, conducted the first session entitled, **“Resiliency Amidst Life’s Challenges.”** He emphasized the importance of resiliency or ability to bounce back after experiencing various challenges in life. He allowed the students to further discover themselves through an activity on developing self-esteem.

The second session entitled, **“Don’t DRUG Yourself Down”** was conducted by **Dr. Bernard Regalado**, accredited Dangerous Drugs Board physician. He presented the various types of prohibited drugs and warned the students that drugs can be very accessible now as they are presented in various forms, such as chewable colorful candies, brownies, chocolates, and even in e-cigarettes also known as vape.

Present during the session were the grade level coordinator, subject teachers of the Senior High School, the Guidance Team,



headed by Ms. Myra V. Arañas, and Sr. Alegria Avellaneda, SPC, Vice President, Student Services.

Indeed, it was another eye-opening and informative session for the Grade 11 students that will enable them to be more aware of their surroundings and to identify ways of preventing them from being victimized.



**Masters of Ceremony,
Amber Astrid Delara
And Angel Jhen Genuino,
(Grade 11 – St. Andrew)**



Grade 11 attendees with their happy poses!



**Awarding of Certificates
Dr. Joy-Alvi Arañas and Dr. Bernard Regalado with Ms. Myra V. Arañas (Director, Counseling and Career and Placement Services) and Sr. Alegria Avellaneda, SPC (Vice President, Student Services)**

AND THE SAGA CONTINUES...

From time to time, we feature children of our alumnae who have made a mark in their respective fields, proofs that apples do not fall far from the trees.

This issue we are featuring Sean Turner, son of Rowena Caluya-Turner (High School 1965), who is Mayor of Monte Sereno in California.



Though they do not share the same field, she in government and he in technology and business, Sean has shown the same brand of leadership that his mother, Rowena, has been known for.



Mother and son give us, Paulinians and Filipinos, reasons to be proud.

Following is a write-up on Sean and the company he has co-founded.

Swiftly Launches in Grocery Stores with \$15.6 Million in Funding

Supermarket technology platform Swiftly is coming out of stealth mode and announcing \$15.6 million in seed funding. Swiftly co-founder and CTO Sean Turner joined Cheddar to discuss how the app helps supermarkets stay competitive.

Sean Turner is Co-Founder and CTO of Swiftly, a technology platform for supermarkets that brings the advantages of e-commerce to brick and mortar stores.

Sean has extensive experience building and scaling engineering teams. Before founding Swiftly, Sean served as Head of Product for Symphony Commerce, where he was responsible for building the e-commerce platform that enabled leading consumer packaged goods brands to establish thriving direct to consumer businesses. Prior to Symphony, Sean held various software development and technical leadership positions at Microsoft, where he was responsible for products including Bing Product Ads, Cortana's Speech Recognition, and the News App for Windows 8. While at Microsoft, Sean also built the Starbucks mobile payment experience on Windows Phone.

Sean holds a Bachelor of Science in Computer Engineering and Computer Science from the University of Southern California. He is based in Seattle.

CONDOLENCES

The Paulinian Family condoles with Blanche Lebumfacil-Monserrate and Karen Lebumfacil-Gabinete (AB graduates) on the passing of their brother.

