



## FIRST, THE GOOD NEWS

### DR. RAUL SUNICO IS NEW CMPA DEAN



The SPU Manila College of Music and the Performing Arts (CMPA) has a new dean: Dr. Raul M. Sunico.

Dr. Sunico graduated from the University of the Philippines with the degrees of Bachelor of Music (*cum laude*), Bachelor of Science in Mathematics, and Master of Statistics. In 2005, he was conferred a Doctor of Humanities degree (*honoris causa*) by the Far Eastern University.

Multi-awarded, international concert pianist and music author, Raul Sunico's career spans 40 years of solo performances and over 50 album recordings. He is former president of Cultural Center of the Philippines (CCP) and former dean of the University of Santo Tomas. Pianos are like luxury cars," says Raul Sunico, former president of the Cultural Center of the Philippines. "Like a Mercedes Benz or a BMW, you cannot say one is better than the other. One piano may have a brilliant bass, while another would have a beautiful ringing tone." Sunico, an acclaimed concert pianist who has performed in over 20 countries across four continents, knows whereof he speaks. While the differences between pianos may be subtle, experience and talent have given him the ability to detect those subtleties.

During his term, he organized orchestra festivals, band festivals, jazz and woodwind festivals. The CCP teamed up with JS Productions to present "Noli Me Tangere," a full-length opera based on the book of Jose Rizal, with music by Felipe de Leon and libretto by Guillermo Tolentino. In addition, annual opera productions and co-productions of the CCP included Puccini's "Tosca" (2015), Verdi's "Rigolletto" (2014) and "La Traviata" (2013), Rossini's "Barber of Seville" (2012), and Puccini's "La Boheme" (2011), the latter a coproduction with MusicArtes. (*culled from Google accounts*)

Dr. Sunico is expected to lead the CMPA to greater accomplishments in honor of his predecessor and dear friend, the recently departed Sr. Maria Anunciata Sta. Ana.

### ALUMNA ASSUMES PRESIDENCY OF MAKATI MEDICAL CENTER AND NAMED ONE OF ASIA'S WOMEN OF STYLE AND SUBSTANCE

Atty. Pilar Nenuca Almira (HS 1970, BSC 1974) assumed the presidency of Makati Medical Center on 1 September 2020. The MMC became the premiere hospital of the Metro Pacific Investment Corporation's (MPIC) group of hospitals in 2007 following MPIC's investment in Medical Doctors, Inc., owner and operator of MakatiMed. Manuel V. Pangilinan has served as Chairman of the Board since then.



Another feather in Pilar's cap is being chosen as one of 12 women of style and substance by the prestigious magazine, *PeopleAsia*.



The magazine chose Pilar (third from left) as the former president and CEO of Cardinal Santos Medical Center and Our Lady of Lourdes Hospital, two leading medical institutions actively waging war against COVID-19. She is also the newly appointed president and CEO of the Makati Medical Center.

Following are the 12 chosen women of style and substance: Atty. Pilar Almira, Grace Barbers-Baja, Dr. Lorena Caslib, Ruth Castelo, Michele Gumabao, Marie Josephine Ocampo, Marian Rivera, Ica Serafica, Rhea Anicoche Tan, Krizzia Ann Loyang Tanabe, Mayor Donya Tesoro, and Pinky Webb.

## **AND THE SAGA GOES ON...**

We have been featuring children of alumnae who have made a mark in their chosen careers and are testimonials to the training they got from their mothers.

This issue, we feature again Monica Ignacio-Gonzalvo, daughter of Teresa Ignacio (HS 1969, BSN 1974).

*Monica has lived in Tosa for 12 years. Growing up in a military family, Monica has lived in eight different states. Her last move, which she and her husband envisioned as a temporary stay for his residency, became permanent because they loved Tosa's sense of community.*



*Following the death of George Floyd and the protests and conversations that sprang up in its aftermath, Monica joined the Tosa Moms Tackling Racism (TMTR) Facebook group. She was soon invited to be one of the moderators. This hyper-local group helps keep sustained attention on anti-racism and equitable actions in Wauwatosa. She readily admits the amount of work has been unexpected, but loves the passion of the group's members! She simply wants to try to help*

*make this world a better place. Her hope is that our children's first decade or so of their lives will be the only time they have to experience and witness systemic racism.*

*Monica and the other TMTR moderators all agreed that a great way for children and youth to learn is through reading. Luckily, Monica already had a little free library which the group decided to adopt and make it solely focused on social justice. Members of TMTR help keep it stocked with picture, early readers, middle grade, and chapter social justice titles.*

*Further, a member of TMTR had posted that several city board positions had become available. One of the vacancies was on the Wauwatosa Library Board. Monica applied and was appointed. What a perfect fit for someone who is invested in literacy and the community*

## **SPU MANILA RESPONSE TO THE QUARANTINE**

In response to the General Community Guidelines and the manpower needs of the university, the administration has issued the following updated health guidelines:

### **UPDATED HEALTH GUIDELINES FOR ALL SPUM EMPLOYEES**

*Department of Trade and Industry and Department of Labor and Employment, Joint Memorandum Circular No. 20-04-A s. 2020 DTI and DOLE Supplemental Guidelines on Workplace Prevention and Control of COVID-19 (15 August 2020)*

Minimum Public Health Standards to be complied within all workplaces

#### **A. Face Mask and Face Shield**

1. No face mask and face shield, no entry policy.
2. Face masks must be worn at all times inside the campus. Medical grade masks are highly encouraged and should be worn properly with the nose and mouth adequately covered. Clean cloth masks may be allowed and are washed daily.
3. Used faced masks should be disposed of properly in designated trash bins with yellow garbage bags.
4. Face shields which shall cover the entire face and face masks shall be used in the workplace when interacting with colleagues, clients, and visitors. Face shields may be removed according to the demands of the work or when the occupational safety and health of the employees so requires.

#### **B. Physical Distancing**

1. Physical distancing of at least one meter shall be observed at all times, most especially in common areas and offices. Markings for physical distancing shall be placed in high traffic areas.

#### **C. Handwashing and Basic Hygiene**

1. Frequent handwashing with clean water and soap or the application of 70% alcohol shall be mandatory in the school and is encouraged to be practiced at home specifically but not limited to the following instances:
  - a. Before and after eating or handling food
  - b. After using the bathroom
  - c. Before and after taking off the face mask and/or face shield
  - d. After touching frequently touched surfaces and objects

- e. Before and after touching the face
2. Discouraging the sharing of personal items among employees to reduce transmission.
3. Ensuring access to basic hygiene facilities like clean water and soap and supply of 70% alcohol in strategic areas such as:  
Entrance/Exit, corridors or hallways, conference areas, stairways, canteen/pantry, comfort rooms, chapel, company vehicle/shuttle
4. All personnel are highly encouraged to bring their pocket-alcohol spray or sanitizer for their personal use.

#### Cleaning and Disinfection

1. Routine cleaning and disinfection using chlorine-based solutions or 70% alcohol solutions of workstations and common touch areas, such as toilets, doorknobs, switches at least once to twice a day. Employees are encouraged to conduct surface disinfection in their workstations before the start of the shift, intermittently during the shift, and at the end of the shift.
2. Ultraviolet light (UVL) Sterilization of offices and frequently used areas shall be done on scheduled basis.
3. Comprehensive disinfection of the whole campus by a disinfection specialist shall be done if the need arises.

#### Meal time

1. The school shall adopt staggered meal schedules for the employees to minimize contact. Eating alone in the workstation for employees is highly encouraged.
2. Dining in the canteen may be allowed as long as strict physical distancing of at least one meter is ensured.
3. Bringing of personal utensils and food containers is highly encouraged.
4. Serving of buffet meals and other similar set up is strictly prohibited. Use of communal items such as dipping sauces and condiments are not allowed.
5. Eating in big groups and sharing of meals are also prohibited. Conversations during meal time is highly discouraged.
6. Drinking fountains may be utilized provided that the learners and employees use their own containers for drinking. Drinking directly from the fountain is also prohibited.
7. Masks and face shields should be worn immediately after eating.
8. Practice of clean as you go after eating is advised.

#### Shuttle Service/Public Transport

1. Minimum public health standards should be enforced in the shuttle service including the use of face shield and face mask, maintaining physical distancing, and frequent disinfection.
2. Employees are advised to avoid talking, taking phone calls, and eating inside the shuttle.
3. Signages should be placed inside the shuttles as reminders to observe physical distancing, no talking and taking phone calls.
4. Opening of windows with at least three inches of opening while in transit should be practiced.
5. Proper disinfection of the vehicle before and after each trip should be done.

#### Alternative work and school arrangement

1. Alternative work arrangements especially for the most at risk population (senior citizen, pregnant and those with underlying medical conditions) for COVID-19 in the workplaces.
2. Flexible work arrangement shall be implemented temporarily until the quarantine is still in effect in the area of the campus. Work from home is highly encouraged for those who do not need to report to school, most especially the faculty.

#### Early Detection and Isolation

1. All employees are required to accomplish the E-Triage Form one day before actual reporting to the school. Health Declaration Checklist forms are available at the Entrance for those who failed to accomplish the E-Triage. Daily health monitoring by the school nurse shall be done.
2. Only those who are TOTALLY ASYMPTOMATIC will be allowed entry to the campus and will go through temperature screening at the entrance. Temperature reading should be below 37.5 degree Celsius.
3. Symptomatic employees are advised to inform their immediate head and the school health services for proper medical advice and monitoring. Proper referral shall be coordinated with their respective barangay of residence if the need arises.
4. For those who shall undergo quarantine for 14 days, testing for COVID-19 or referral/admission will be required to submit a Barangay Clearance for completion of quarantine, Results of COVID-19 testing if done, and medical certificate for clearance to return to work from the attending physician or barangay health officer.

## CONDOLENCES

The Paulinian Family condoles with

Marice de la Cruz (HS 1977) on the death of her son, Andie.

the family of Archbishop Oscar V. Cruz (former faculty member of SPCM).

the family of Marsha Cajulis (HS 1957).

the family of Clarinda Isidro (HS 1957).

the Garrovillo sisters—Nanette, Frances, Girlie—on the passing of their mother, Paulita.

Tessie Galang-Carey (former AB dean) on the death of her father, Felix.

Mae C. Miranda (AB grad) on the passing of her brother, Leonardo.

Gwethalyn Bello (HS 1965) on the death of her brother, Melvin.

Yvonne Revilla (HS 1965) on the death of her husband, Guilly.

